



State of West Virginia

Board of Respiratory Care

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The West Virginia Board for Respiratory Care is committed to its mission of protecting the life, health, and safety of the citizens of West Virginia. Therefore, the Board recommends and fully supports:

- The wearing of masks in public spaces where social distancing cannot be maintained, except for those with underlying medical conditions who may have difficulty breathing or are unable to remove their mask without assistance.
- Maintaining a space of at least 6 feet between persons not living within your household.
- Frequent Handwashing with soap and water for at least 20 seconds, or hand sanitizer containing at least 60% alcohol covering all surfaces of hands and rubbing until dry, especially after you have been in a public space.

Further information on preventative measure for protecting yourself and others may be found by visiting the [CDC's website](https://www.cdc.gov).